



**DURHAM
DEAFENED**
SUPPORT
UNDERSTANDING • SUPPORT • SELF-HELP

DDS SUMMER WALKS (Weather permitting!)

- Do you fancy getting out for some fresh air?
- Going for a gentle walk to improve your health?
- Enjoying the company of other DDS members?

If YES, then come and join us.

**The SUMMER WALKS – Starts on Wednesday 24th May
2023 - Meeting at 10 am**

If you are interested in any of the walks, you must register at least 2 working days before the walk. If you can provide transport to other DDS members, who don't have transport but would like to attend please let us know and we will try and match people up. Unfortunately, DDS is unable to provide transport.



See attached programme for details.

If you would like to attend any of the walks, please contact: Alison – mobile 07955 72 3851
TEXT ONLY, email alison@ddsupport.org.uk or our office, Tel: 0191 5183358, email
admin@ddsupport.org.uk

A programme of the walks is available on our website or on request. Please note this programme could be subject to change.



NHS
North East and
North Cumbria

